

We've invited our exes to our Big Day

By: Dhvani Solani

Date: 2011-04-25

William and Kate have, between them, invited six of their exes to their wedding on April 29, 2011. Have Babykins and Big Willie done the right thing? We find out

What does a certain Isabella Anstruther-Gough-Calthorpe have that the Obamas don't? Apart from British citizenship and a rather long surname that we're not quite sure how to pronounce, the actress has an invitation to the much hyped nuptials of Prince William and Kate Middleton, scheduled for April 29 at Westminster Abbey.



Isabella happens to be among the alleged "many girls" that the Prince shared sweet nothings, and possibly a lot more with at one time. Isabella won't be alone. There will be five others, who have been the royal couple's former flames, including Rupert Finch, who had a brief romance with Middleton before she was charmed by the prince.

"Inviting an ex to your wedding is the equivalent of walking on thin ice," says HR professional Kinjal Vora. "An ex is someone you once considered spending the rest of your life with. Why spoil your special day with thoughts of what could have been?"

Wedding planner Candice Pereira says that if either of the partners is likely to feel even slightly uncomfortable, exes should be restricted to the past. "The day, after all, is about you, your partner and your families," adds Candice.

If drama, insecurity and jealousy are likely to rear their ugly heads, you're better off keeping your ex out of your wedding album. Life coach Veechi Shahi says, "Human nature is such that no matter how much we talk of love and peace, reality is plagued by insecurities, jealousy and comparisons," she says, adding, "People do carry emotional baggage around."

Unless, of course, you are or happen to think like finance student Mohammad Khan. "My ex-girlfriend is still

one of my best friends. Exes are people you have shared a huge chunk of your life and dreams with, and nothing can change that. Of course, I would like to have her around on my wedding day," he says. Would he be okay with attending her wedding, we ask. "Ummm, may be."

Emotional baggage: Want your ex around on your wedding day?

Then DO...

- >> Seat your ex with those s/he knows and likes
- >> Introduce him/ her to your spouse
- >> Send a 'plus one' invite to your ex, so s/he doesn't feel alone or sad on your big day

BUT DON'T...

- >> Dance with your ex
- >> Let him/ her hug you for longer than is customary
- >> Reminisce about "old times"

If you're the ex !

- >> Don't get drunk and mutter to the bride/ groom's parent: That should've been me there
- >> Don't think of your ex's wedding as an invitation to get back together. It's over. Deal with it
- >> Don't tell your ex's spouse, "Been there, done that. All the best!"
- >> Don't chuckle during the best man's speech
- >> Don't dress up like you're at your own wedding